

1 A patient is referred for recommendations regarding purchase of a wheelchair. The measurements of the patient while sitting are 16 inches across the widest point of the hips and 18 inches from the rear of the buttocks to the popliteal crease. Which of the following wheelchair dimensions would be **BEST** suited for this patient's needs?

- A. Seat width and seat depth of 18 inches
- B. **Seat width of 18 inches and seat depth of 16 inches**
- C. Seat width and seat depth of 16 inches
- D. Seat width of 16 inches and seat depth of 18 inches

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

2 A physical therapist assistant is working with a child who recently learned to sit independently. Which of the following other gross motor skills should the assistant be working on simultaneously?

- A. Cruising
- B. Walking
- C. **Creeping on hands and knees**
- D. Rolling from prone to supine position

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

3 When considering special tests for orthopedic assessment, selection of a test with adequate validity is important because the:

- A. results of the test can be standardized.
- B. **test measures what it is supposed to measure.**
- C. results of the test are reproducible.
- D. test can be accurately performed by someone else.

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

4 A patient has sustained a traumatic brain injury and is slow to respond to all stimuli. The patient currently verbalizes and moves away from noxious stimuli and can blink the eyes 3 of 5 times when asked. What level on the Rancho Los Amigos levels of cognitive functioning scale **BEST** describes this patient's status?

- A. **Localized response**
- B. Confused-agitated
- C. Generalized response
- D. Confused-inappropriate

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

- 5 A physical therapist assistant has been working with a patient who has a spinal cord injury. To document that the patient has been educated about skin care, the assistant should record that the patient:
- A. is unable to tolerate more than 1 hour in a wheelchair.
 - B. has good strength of the scapular depressors and elbow extensors
 - C. **is able to state three causes of skin breakdown.**
 - D. is able to perform 10 push-ups in the wheelchair.

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

- 6 A physical therapist assistant observes a patient from behind during bilateral shoulder abduction and notes that the patient's right scapula is more abducted than the left scapula at the end range of movement. Which of the following conditions is the **MOST** likely cause of the altered scapula position on the right?
- A. Tightness of the rhomboid major and minor
 - B. Weakness of the serratus anterior
 - C. **Restricted motion of the glenohumeral joint**
 - D. Weakness of the upper trapezius

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

7 A physical therapist assistant is working with a patient who has a T7 spinal cord injury (ASIA Impairment Scale D) and exhibits decreased motor function in the right lower extremity with a loss of pain sensation over the left distal trunk and lower extremity. Which of the following syndromes is **MOST** likely present?

- A. Central cord
- B. Anterior cord
- C. Posterior cord
- D. **Brown-Sequard**

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

8 A physical therapist assistant is working in a pediatric setting on a 14-month-old child with spastic diplegia. When held supported in a standing position, the child is up on tiptoes with the toes curled. This position is characteristic of a:

- A. proprioceptive placing reaction.
- B. Moro reflex.
- C. **plantar grasp reflex.**
- D. traction response.

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

9 A patient who has a chronic L5-S1 disc protrusion reports low back pain and weakness of the right lower extremity. Results of which of the following assessment components would **MOST** likely be abnormal?

- A. Achilles reflex
- B. Babinski reflex
- C. Hamstring flexibility
- D. Ankle dorsiflexion strength

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

10 A patient is doing active bridging exercises on a mat table in the physical therapy department. After 15 minutes, the patient becomes short of breath, begins coughing, and expectorates pink, frothy sputum. At this point, the physical therapist assistant should first stop the treatment, then **NEXT**:

- A. assess vital signs, let the patient rest, then resume with a less vigorous program.
- B. sit the patient up, assess vital signs, and call a nurse for further instructions.
- C. lay the patient supine, transfer the patient to a stretcher, and call the nursing unit.
- D. lay the patient down flat, call for assistance, and begin cardiopulmonary resuscitation.

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.