

1 What precautions should a physical therapist assistant observe when working with a patient infected with methicillin-resistant staphylococcus aureus?

- A. Sterile
- B. Droplet
- C. Contact
- D. Airborne

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

2 A patient with Parkinson disease has just been admitted to a rehabilitation unit. The patient is dependent in all transfers and requires moderate assistance of one person to walk 40 ft. with a standard walker. To facilitate good carryover for activities, instruction to the family in transfers should occur:

- A. Just prior to discharge
- B. Early in the rehabilitation program
- C. When the family feels ready to take the patient home
- D. During a home visit after the patient is discharged

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

3 A physical therapist assistant plans to use a tilt table for a patient who is having difficulty tolerating an upright sitting position. The assistant should stop inclining the tilt table if the patient experiences which of the following signs and symptoms?

- A. Decrease in diastolic blood pressure 20 mm Hg
- B. Increase in pulse rate to 20 bpm
- C. Increase in systolic blood pressure 10 mm Hg
- D. Decrease in O₂ saturation to 93%

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

4 A patient who is 8 days post-partum has an abdominal diastasis recti with a separation of 2.5 inches (3 fingers breath). Which one of the following exercises would be the **MOST** appropriate to perform initially for abdominal strengthening in the supine position?

- A. Trunk curls
- B. Hook lying head lifts
- C. Partial sit-ups
- D. Bilateral leg lowering

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

5 A patient with a recent ankle injury reports anterior ankle pain while walking. During assessment the pain is reproduced **ONLY** during passive motion of the lower leg. The patient most likely has sustained which of the following injuries?

- A. **Syndesmosis sprain (high ankle sprain)**
- B. Midtarsal sprain
- C. Fibular shaft fracture
- D. Tibial stress fracture

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

6 Which of the following teaching techniques is **MOST** appropriate for an older adult patient with mild dementia?

- A. Using auditory and visual input separately
- B. Changing the pace for teaching each session
- C. **Present one piece of new information at a time**
- D. Using metaphors to reinforce new concepts

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

7 The plan of care for a patient who has a history of falls includes strategies to prepare the trunk for functional control. Which of the following interventions is **MOST** appropriate to include?

- A. Standing in a tandem position with the eyes closed
- B. Reacting to a trunk perturbation
- C. Increasing the degree of lean while standing on one leg
- D. Reaching in all directions to grasp objects while in a standing position

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

8 A patient with cervical radiculopathy reports numbness of the right middle finger (3rd digit). A physical therapist assistant will **MOST** likely find a diminished reflex in the?

- A. Brachioradialis
- B. Deltoid
- C. Biceps brachii
- D. Triceps brachii

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

- 9 With a patient in a sitting position, a physical therapist assistant turns the patient's head to one side and then lowers the patient to a supine position while keeping the head extended. Observation of which of the following signs would indicate a positive test result?
- A. Blurred vision
 - B. Rise in systolic blood pressure
 - C. Nystagmus
 - D. Paresthesia in the upper extremity

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

- 10 A physical therapist assistant is positioning a patient for postural drainage. To **BEST** drain the posterior segment of both lower lobes, the patient should be placed in which of the following positions?
- A. Prone, head down at a 20° angle
 - B. Supine, flat surface
 - C. Sitting, leaning forward
 - D. Sidelying, head elevated at 30°

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.