

1 A patient who has acromioclavicular joint arthritis will most likely have the **GREATEST** discomfort when performing which of the following tasks?

- A. Pulling a wallet out of the back pocket on the same side as the involved extremity
- B. Bending forward to pick up a pen that is lying on the floor
- C. Pushing a heavy shopping cart using the involved extremity
- D. **Reaching across the body to scratch the back of the opposite shoulder**

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

2 During a physical therapy assessment, a patient reports numbness, burning, and paresthesia's in both feet. A neurological examination reveals bilateral loss of pain and temperature sensation in a stocking-and-glove distribution, diminished ankle reflexes, normal knee-jerk reflexes, and decreased strength in the feet and ankles bilaterally. The patient **MOST** likely has:

- A. L4-L5 nerve root compression.
- B. intermittent claudication.
- C. peripheral vascular disease.
- D. **peripheral neuropathy.**

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

- 3 A physical therapist assistant is performing a home assessment for a patient who had a T10 complete spinal cord transection 6 months ago. Which of the following information would be **MOST** critical to obtain prior to the home visit?
- A. Patient's present level of function as judged by the patient and all involved disciplines
 - B. Patient's previous level of function as judged by the patient and all involved disciplines
 - C. Results of general health outcome measures
 - D. Results of disease-specific outcome measures

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

4



The ankle malalignment shown in the photograph is **MOST** correctly described by which of the following positions of the calcaneus, forefoot, and subtalar joints, respectively?

- A. Valgum, abduction, and inversion
- B. Varum, adduction, and eversion
- C. Valgum, abduction, and eversion
- D. Varum, abduction, and inversion

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

5 A physical therapist assistant is treating a patient with biofeedback to alter the overactivity of the upper trapezius during shoulder flexion. The patient has improved by 50% but continues to inappropriately recruit the upper trapezius muscle. Which of the following courses of action for biofeedback should the assistant take **NEXT**?

- A. Decrease sensitivity (gain).
- B. **Increase the sensitivity (gain).**
- C. Maintain the same sensitivity (gain).
- D. Modify the sensitivity (gain) until visible motor contraction is reached.

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

6 A physical therapist assistant is instructing a patient who has pneumonia in home postural drainage positioning for the superior segments of the lower lobes. Which of the following positions is **MOST** appropriate?

- A. **Prone lying on a bed with two pillows under the pelvis**
- B. Sitting on a chair, leaning forward over a folded pillow
- C. Lying supine on a bed with pillows under the knees
- D. Sitting in a recliner, leaning slightly backward

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

7 A patient is 3 days post transfemoral amputation with the surgical site healing normally. Which of the following findings is **MOST** expected when examining drainage from the wound?

- A. Dark red blood
- B. Bright red blood
- C. Viscous yellow exudate
- D. Serosanguineous exudate

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

8 When a stationary exercise bicycle is used to emphasize strengthening of a weak hamstring muscle, which modification to the equipment should be made?

- A. Install toe clips on the pedals.
- B. Increase the flywheel resistance.
- C. Raise the handlebars.
- D. Tilt the seat forward.

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

- 9 A patient recently sustained a cerebrovascular accident, resulting in hemiplegia. A physical therapist assistant is teaching the patient to role in bed. The assistant's **FIRST** consideration should be to:
- A. move the patient only to the uninvolved side.
 - B. discourage the patient's use of the uninvolved side.
 - C. keep the head in midline.
 - D. **protect the involved shoulder.**

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

- 10 Which of the following is the **MOST** appropriate method to receive informed consent from a patient who is not fluent in English and is unaccompanied by an interpreter?
- A. Discuss the English language informed consent forms and have the patient sign them.
 - B. Provide a verbal translation of the consent forms.
 - C. **Provide informed consent forms that are translated into the patient's language.**
 - D. Request that the patient have the informed consent forms translated and sign them.

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.