1 A patient who has acromioclavicular joint arthritis will most likely have the **GREATEST** discomfort when performing which of the following tasks?

A. Pulling a wallet out of the back pocket on the same side as the involved extremity

B. Bending forward to pick up a pen that is lying on the floor

C. Pushing a heavy shopping cart using the involved extremity

D. Reaching across the body to scratch the back of the opposite shoulder

Identify in a word, or phrase the basic concept of the question?

Shoulder MSK patho

Re-write the question in its simplest terms, using your own words.

What shoulder action puts the most pressure on the AC joint?

2 During a physical therapy assessment, a patient reports numbness, burning, and paresthesia's in both feet. A neurological examination reveals bilateral loss of pain and temperature sensation in a stocking-and-glove distribution, diminished ankle reflexes, normal knee-jerk reflexes, and decreased strength in the feet and ankles bilaterally. The patient **MOST** likely has:

A. L4-L5 nerve root compression.

B. intermittent claudication.

C. peripheral vascular disease.

D. peripheral neuropathy.

Identify in a word, or phrase the basic concept of the question?

Bilateral Neuropathy

Re-write the question in its simplest terms, using your own words.

What do you call never dysfunction in both LE's?

3 A physical therapist assistant is performing a home assessment for a patient who had a T10 complete spinal cord transection 6 months ago. Which of the following information would be **MOST** critical to obtain prior to the home visit?

A. Patient's present level of function as judged by the patient and all involved disciplines

B. Patient's previous level of function as judged by the patient and all involved disciplines

C. Results of general health outcome measures

D. Results of disease-specific outcome measures

Identify in a word, or phrase the basic concept of the question?

Info needed for HH

Re-write the question in its simplest terms, using your own words.

Which of the following should be gathered before starting HH?

4



The ankle malalignment shown in the photograph is **MOST** correctly described by which of the following positions of the calcaneus, forefoot, and subtalar joints, respectively?

A. Valgum, abduction, and inversion

B. Varum, adduction, and eversion

C. Valgum, abduction, and eversion

D. Varum, abduction, and inversion

Identify in a word, or phrase the basic concept of the question?

Ankle positions

Re-write the question in its simplest terms, using your own words.

Per photo, describe the position of the ankle?

5 A physical therapist assistant is treating a patient with biofeedback to alter the overactivity of the upper trapezius during shoulder flexion. The patient has improved by 50% but continues to inappropriately recruit the upper trapezius muscle. Which of the following courses of action for biofeedback should the assistant take **NEXT**?

A. Decrease sensitivity (gain).

B. Increase the sensitivity (gain).

C. Maintain the same sensitivity (gain).

D. Modify the sensitivity (gain) until visible motor contraction is reached.

Identify in a word, or phrase the basic concept of the question?

Biofeedback set up.

Re-write the question in its simplest terms, using your own words.

How do I set up biofeedback to decrease muscle activity?

6 A physical therapist assistant is instructing a patient who has pneumonia in home postural drainage positioning for the superior segments of the lower lobes. Which of the following positions is **MOST** appropriate?

A. Prone lying on a bed with two pillows under the pelvis

B. Sitting on a chair, leaning forward over a folded pillow

C. Lying supine on a bed with pillows under the knees

D. Sitting in a recliner, leaning slightly backward

Identify in a word, or phrase the basic concept of the question?

Positional drainage

Re-write the question in its simplest terms, using your own words.

What position is used to drain superior segment of the lower lobes?

7 A patient is 3 days post transfemoral amputation with the surgical site healing normally. Which of the following findings is **MOST** expected when examining drainage from the wound?

A. Dark red blood

B. Bright red blood

C. Viscous yellow exudate

D. Serosanguineous exudate

Identify in a word, or phrase the basic concept of the question?

Wound management

Re-write the question in its simplest terms, using your own words.

What does drainage look like with normal healing wounds 3 days S/P?

8 When a stationary exercise bicycle is used to emphasize strengthening of a weak hamstring muscle, which modification to the equipment should be made?

A. Install toe clips on the pedals.

B. Increase the flywheel resistance.

C. Raise the handlebars.

D. Tilt the seat forward.

Identify in a word, or phrase the basic concept of the question?

Strengthening Strategies

Re-write the question in its simplest terms, using your own words.

What do I add to the pedals to focus hamstring strengthening on a bike?

9 A patient recently sustained a cerebrovascular accident, resulting in hemiplegia. A physical therapist assistant is teaching the patient to role in bed. The assistant's **FIRST** consideration should be to:

A. move the patient only to the uninvolved side.

B. discourage the patient's use of the uninvolved side.

C. keep the head in midline.

D. protect the involved shoulder.

Identify in a word, or phrase the basic concept of the question?

Bed mobility with hemiplegia

Re-write the question in its simplest terms, using your own words.

What joint on the hemi side should be protected during role?

10 Which of the following is the **MOST** appropriate method to receive informed consent from a patient who is not fluent in English and is unaccompanied by an interpreter?

A. Discuss the English language informed consent forms and have the patient sign them.

B. Provide a verbal translation of the consent forms.

C. Provide informed consent forms that are translated into the patient's language.

D. Request that the patient have the informed consent forms translated and sign them.

Identify in a word, or phrase the basic concept of the question?

HIPAA

Re-write the question in its simplest terms, using your own words.

How do I address informed consent for foreign speaking pts.?