

- 1 A patient with multiple sclerosis has experienced several falls over the last few weeks. The patient has motor and sensory impairments with gaze-evoked nystagmus and vertigo. Which of the following assessment strategies should be used to determine the **MOST** likely cause of the falls?
- A. **Have the patient standing with feet parallel on and off a foam surface, eyes open, then closed.**
 - B. Measure the distance the patient can reach forward with one arm without taking a step.
 - C. Administer the timed up and go (TUG) test.
 - D. Observe the patient standing with one foot in front of the other, eyes open, then closed.

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

- 2 A patient recovering from a traumatic brain injury is unable to correctly state his whereabouts and insists he is staying at a resort. Which of the following is the **MOST** appropriate action for the physical therapist assistant to take?
- A. Discuss the confusion with the patient's friend
 - B. **Orient the patient to the correct location.**
 - C. Agree with the patient.
 - D. Document dementia in the patient's chart.

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

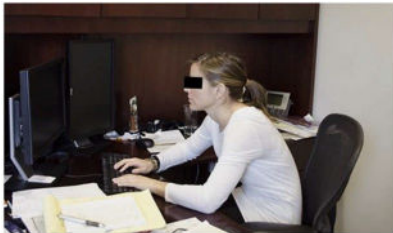
3 A physical therapist assistant is preparing to teach proper technique for performing skin checks to a patient who has diminished sensation in the lower extremities. Before beginning instruction, the assistant should **FIRST** determine which of the following patient characteristics?

- A. Extent of family support
- B. Number of previous leg ulcers
- C. Literacy level
- D. **Readiness to learn**

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

4



The patient in the photograph reports headaches associated with prolonged sitting. Her posture suggests the headaches are **MOST** likely caused by which of the following conditions?

- A. Thoracic outlet compression
- B. **Myofascial tightness in posterior cervical musculature**
- C. Myofascial tightness in the pectoralis muscles
- D. Myofascial tightness in the anterior cervical spine muscles

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

- 5 A nurse caring for a patient who is 2 days post cerebrovascular accident asks the physical therapist assistant for positioning recommendations when the patient lies on the hemiplegic side. The assistant's recommendations should include positioning the:
- A. wrist in a flexed position.
 - B. elbow in a flexed position
 - C. **scapula in a protracted position.**
 - D. forearm in a pronated position.

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

- 6 A patient with a diagnosis of post-polio syndrome is referred to physical therapy. The patient reports increased hip and knee pain during walking. Gait analysis reveals severe genu recurvatum on the left. The **BEST** rationale to consider use of an ankle-foot orthosis is to:
- A. **protect the knee from further damage.**
 - B. minimize weight bearing on the leg.
 - C. maintain the knee in slight extension.
 - D. minimize fatigue.

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

7 Active motion testing of the atlanto-occipital joint can **BEST** be performed by requesting that the patient perform which of the following gross cervical motions?

- A. Flex and extend the head on the neck.
- B. Side bend and rotate to the opposite side.
- C. Side bend right and left.
- D. Rotate right and left.

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

8 Which of the following methods is **BEST** for a physical therapist assistant to use to determine the impact of pain on the lifestyle and daily functioning of a patient with chronic pain?

- A. Observe the patient during simulations of usual daily tasks and note any signs of pain.
- B. Have the patient rate changes in pain on a 0-10 scale during exercise in physical therapy.
- C. Administer a standardized disability questionnaire.
- D. Have trained observers watch the patient perform activities at home.

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

- 9 When evaluating the lower extremity muscle strength of a patient, the physical therapist assistant positions the patient prone with the knee flexed. The assistant asks the patient to point the toes upward toward the ceiling. The patient completes the motion, but inverts the foot slightly. This observation indicates:
- A. tightness of the fibularis (peroneal) muscles.
 - B. substitution by the soleus.
 - C. substitution by the tibialis posterior.
 - D. tightness of the tibialis anterior.

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.

- 10 A patient is unable to fully extend the right knee because of a 20° knee flexion contracture. Which of the following compensations during the swing phase of the left lower extremity is expected?
- A. Hiking of the hip on the left
 - B. Plantar flexion of the left foot
 - C. Lateral trunk lean to the left
 - D. Dropping of the pelvis on the left

Identify in a word, or phrase the basic concept of the question?

Re-write the question in its simplest terms, using your own words.