1 A physical therapist assistant is treating a patient who had knee surgery after a motor vehicle accident. The patient is suing the driver of the other vehicle and has hired an attorney. The patient is being treated in physical therapy as an outpatient 3 times/week. After the third session, a relative of the patient calls and wants to know how much weight the patient can bear on the leg. The assistant should:

A. seek clearance from the attorney before informing the patient's relative.

B. describe the weight-bearing limits in general terms.

C. have the patient's relative call the supervising therapist.

D. ask the patient's relative to visit directly with the patient.

Identify in a word, or phrase the basic concept of the question?

HIPAA

Re-write the question in its simplest terms, using your own words.

What is the correct procedure when someone asks about a patient's status?

2 A physical therapist assistant is preparing to teach a patient with Guillain-Barre syndrome to transfer from wheelchair to mat table. The patient weighs 170 lbs. and has Poor (2/5) strength in both lower extremities and Fair (3/5) strength in the left upper extremity. The right upper extremity has Normal (5/5) strength. Which of the following assisted transfers is **MOST** appropriate for the patient's initial session?

A. Two-person lift to the right side

B. Sliding-board transfer to the right side

C. Hydraulic lift from wheelchair to mat

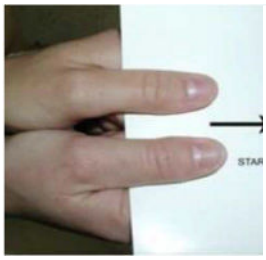
D. Full standing-pivot transfer to the right side

Identify in a word, or phrase the basic concept of the question?

Transfer training

Re-write the question in its simplest terms, using your own words.

Which is the safest way to teach a patient to transfer who can not stand independently?

3 

A patient is asked to grip a card between the thumb (1st digit) and index finger (2nd digit) with both hands. The physical therapist pulls on the card in the direction of the arrow shown in the photograph. As the therapist pulls on the card the patient's right thumb (1st digit) flexes at the interphalangeal joint. The results indicate weakness in which of the following muscles?

A. Abductor pollicis brevis
B. Flexor pollicis longus
C. Adductor pollicis
D. Extensor pollicis longus

Identify in a word, or phrase the basic concept of the question?

Special tests

Re-write the question in its simplest terms, using your own words.

What muscle weakness will present as described?

4 A patient who has right hemiplegia is unable to avoid obstacles on the right side of the hallway while walking with a walker. During meals, the patient does not eat foods placed on the right side of the plate. Which of the following tests is **MOST** appropriate to perform?

A. Patient looks at a fixed target in front while turning the head side to side.
B. Patient detects assistant's fingers from the side while looking straight ahead.
C. Patient shifts gaze from one object to another quickly with the head stationary.
D. Patient tracks therapist's finger moving vertically, horizontally, and diagonally.

Identify in a word, or phrase the basic concept of the question?

Vision testing

Re-write the question in its simplest terms, using your own words.

Which will test for Homonymous Hemianopsia?

5 A physical therapist assistant is treating a patient with adhesive capsulitis at the shoulder. Small-amplitude oscillations performed at the limit of the available motion and into tissue resistance would be **MOST** appropriate to address which of the following end-feels?

A. Bony

B. Empty

C. Spasm

D. Capsular

Identify in a word, or phrase the basic concept of the question?

End feels

Re-write the question in its simplest terms, using your own words.

Which end feels is used to describe adhesive capsulitis?

6 A patient reports dizziness and blurred vision when walking and turning the head to either left or the right. The patient has no problem when the head is kept still while walking. Which of the following systems is **MOST** likely involved?

A. Visual

B. Vestibular

C. Somatosensory

D. Musculoskeletal

Identify in a word, or phrase the basic concept of the question?

VOR

Re-write the question in its simplest terms, using your own words.

What system is involved with head movement and body movement causing dizziness?

7 To relieve lateral shoulder and arm pain, a patient elevates the right arm with the elbow bent and rests the right forearm on the head. The patient's symptoms are **MOST** likely caused by which of the following conditions?

A. C4-C5 disc herniation

B. Rotator cuff tear

C. Thoracic outlet syndrome

D. Anterior shoulder instability

Identify in a word, or phrase the basic concept of the question?

Shoulder patho

Re-write the question in its simplest terms, using your own words.

Which would cause pain of the shoulder and relieve pain with putting arm overhead?

8 A patient who sustained a spinal cord injury 2 weeks ago experienced a sudden loss of range of motion of hip flexion. Findings include a hard end-feel, pain at end range, and erythema and tenderness around the hip. Which of the following conditions is **MOST** consistent with the patient's signs and symptoms?

A. Hip fracture

B. Osteosarcoma

C. Heterotopic ossification

D. Avascular necrosis

Identify in a word, or phrase the basic concept of the question?

SCI secondary patho

Re-write the question in its simplest terms, using your own words.

What causes hard end feel with sudden loss of ROM?

9 

A physical therapist assistant is testing the deep tendon reflex of a patient as shown in the photograph. The patient has hypothyroidism. Which of the following reflex grades is the therapist **MOST** likely to find in the patient?

A. 0

B. 1+

C. 2+

D. 3+

Identify in a word, or phrase the basic concept of the question?

Reflexes

Re-write the question in its simplest terms, using your own words.

What is the common reflex at the elbow for a female?

10 A first-time anterior dislocation of the glenohumeral joint subsequent to forced horizontal abduction with lateral (external) rotation is likely to involve which of the following structures?

A. Inferior capsule, inferior glenohumeral ligament, teres minor

B. Anterior capsule, subscapularis, anterior glenoid labrum

C. Anterior capsule, supraspinatus, coracoacromial ligament

D. Inferior capsule, infraspinatus, biceps tendon

Identify in a word, or phrase the basic concept of the question?

Dislocation types

Re-write the question in its simplest terms, using your own words.

Which structures will be involved with an anterior dislocation?