1 Which of the following mobilization techniques for the radiocarpal joint would be **MOST** appropriate for increasing limited wrist flexion range of motion?

A. Radial glide

B. Ulnar glide

C. Dorsal glide

D. Volar glide

Identify in a word or phrase the basic concept of the question?

Techniques to increase ROM

Re-write the question in its simplest terms, using your own words.

What tissues need to be stretched to increase wrist flexion?

2 A physical therapist assistant collects data on a patient's sharp-dull sensation. Two days later, the assistant retests the patient's sharp-dull sensation. Which of the following terms **BEST** describes the reliability of these measurements?

A. Parallel form reliability

B. Internal consistency reliability

C. interrater reliability

D. Intrarater reliability

Identify in a word or phrase the basic concept of the question?

Reliability types

Re-write the question in its simplest terms, using your own words.

What type of reliability describes the same therapist assistant performing the tests?

3 Which of the following instructions is **MOST** appropriate for teaching a patient with C6 tetraplegia to transfer using a sliding board from a wheelchair to a mat?

A. Keep fingers extended to give a broader base of support.

B. Rotate head and shoulders in the same direction as the desired hip motion.

C. Rotate head and shoulders in the direction opposite to the desired hip motion.

D. Keep both hands next to the knees to lock the elbows.

Identify in a word or phrase the basic concept of the question?

Transfer Training

Re-write the question in its simplest terms, using your own words.

How should a SCI pt. use their body to assist in slide board transfer?

4 A patient spilled boiling water on the right arm when reaching for a pan on the stove. The forearm, elbow, and lower half of the upper arm appear blistered and red, with some subcutaneous swelling, and are painful when touched. To facilitate optimal function, which of the following interventions should a physical therapist assistant **PRIMARILY** emphasize?

A. Range of motion exercises to the right hand, wrist, and elbow

B. Application of compression dressings

C. Sterile whirlpool to the right upper extremity

D. Splinting of the right upper extremity in 10^0 of elbow flexion and forearm pronation

Identify in a word or phrase the basic concept of the question?

Burn Rehabilitation

Re-write the question in its simplest terms, using your own words.

What is the primary focus for burn rehab to maintain function?

5 When assessing a patient with right facial weakness, a physical therapist assistant notes the presence of a right Bell's palsy condition. Which of the following additional findings is **MOST** likely to be present?

A. Decreased taste sensation of the tongue

B. Abnormal tone of the right limbs

C. Ptosis of the eyelid

D. Loss of pain and temperature sensation across the right lower jaw

Identify in a word or phrase the basic concept of the question?

Cranial Nerves

Re-write the question in its simplest terms, using your own words.

What function does CN 7 have beyond facial muscle?

6 Prior to starting an exercise training program, a patient with cardiac problems who is taking beta-blocking medication should receive an explanation of the:

A. Cardiovascular exercise benefits are achieved at lower rather than higher metabolic levels.

B. Need to use measures other than heart rate to determine exercise intensity.

C. Need for exercise session to be more frequent but of shorter duration.

D. Need for longer warm-up and cool down times during exercise sessions.

Identify in a word or phrase the basic concept of the question?

Rate of perceived effort (RPE)

Re-write the question in its simplest terms, using your own words.

How do we monitor levels of effort with pts. on cardiac meds?

7 A physical therapist assistant is working with a high school track athlete. Which of the following positions is **BEST** to assess the length of a patient's rectus femoris muscle?

A. Sidelying with tested hip in flexion

B. Supine with tested hip and knee in flexion

C. Prone with tested knee in flexion

D. Sidelying with tested hip in extension

Identify in a word or phrase the basic concept of the question?

Muscle length testing

Re-write the question in its simplest terms, using your own words.

What position does the patient take to perform Ely's test?

8 A patient who has an infected Stage 4 calcaneal pressure injury is being treated with a comprehensive wound care program. Which of the following interventions is **MOST** appropriate?

A. Low-amplitude direct current stimulation with positive polarity

B. High-voltage pulsed current electrical stimulation with positive polarity

C. Low-amplitude direct current stimulation with negative polarity

D. High-voltage pulsed current electrical stimulation with negative polarity

Identify in a word or phrase the basic concept of the question?

Modalities

Re-write the question in its simplest terms, using your own words.

? Which modality is used for treating infected wounds?

9 A patient with a cerebellar stroke has received functional balance training for 4 weeks. Which of the following tests is **MOST** appropriate to measure the effectiveness of the physical therapy intervention?

A. Rhomberg Test

B. Berg Balance Scale

C. Functional Reach Test

D. Barthel Index

Identify in a word or phrase the basic concept of the question.

Balance evaluation

Re-write the question in its simplest terms, using your own words.

What test measures functional balance?

10 A patient demonstrates a left thoracolumbar scoliosis in the standing position but no scoliosis in the sitting position. Which of the following dysfunctions is **MOST** likely the cause of the patient's scoliosis?

A. Lumbar facet dysfunction

B. Unilaterally weak gluteus medius

C. Short iliopsoas muscle

D. Leg-length discrepancy

Identify in a word, or phrase the basic concept of the question?

Scoliosis

Re-write the question in its simplest terms, using your own words.

Which of the following would cause non-structural scoliosis?